Safety Net Fundraising Package

Safety Net supports those affected by rape, exploitation, sexual and domestic abuse across Cumbria

What your support provides

£1000	Funds a workshop in a secondary school on consent, pornography, and healthy relationships, plus teacher training, parent support, and 1:1 help for young survivors.
£500	Supports trauma education and awareness in schools, healthcare, and criminal justice systems, tackling the root causes of abuse.
£300	Provides six sessions of play or art therapy for a child or young person recovering from abuse.
£200	Offers a McKenzie Friend to guide a family through family court, which can often perpetuate trauma.
£150	Funds three practical support sessions for an asylum seeker or refugee who has experienced trauma.
£125	Provides two pre-trial sessions and wrap-around support to help a survivor navigate the court system.
£100	Covers a two-hour peer support group session for up to eight survivors of abuse, including men & women.
£50	Funds one hour of trauma therapy for a survivor of sexual or domestic abuse.

Give little & Often

Help Survivors Heal - Every Month

Anything you can afford helps - you can donate as little as £1 a month

Scane the QR code and join our regular supporters today

Dedicate your JustGiving campaign to us

Getting started with fundraising online is straightforward. It saves you time as you don't have to collect the donations yourself, and the money goes straight to Safety Net!

You can simply set up a JustGiving page and then ask your friends and family to sponsor you.

It's easy to do, please follow these steps:

- www.justgiving.com/safetynet-uk
- Select the “fundraise” button.
- Follow the instructions to set up your page.
- Choose your fundraising target and page title.
- Tell people why you are fundraising and how their donation can make a difference.

Community support for us

Are you keen to get involved with fundraising but not sure where to start? We've compiled a short list of fun ideas to get your creativity flowing!

- Coffee Mornings
- Bake sales
- Sponsored walks
- Fitness challenges
- Dress down days
- Competitions
- Charity haircuts or headshave
- Pub quizzes
- Seasonal events & challenges
- Birthday donations in lieu of gifts

Gift aid

We can receive Gift Aid, so please tell your sponsors to opt into this if they are UK taxpayers. The government will give 25p for every £1 donated.

If you're making a donation online, JustGiving will guide the donor through the process of Gift Aid.

We are happy to collect any donations in person - please email office@safetynetuk.org.

Promotional materials

Safety Net UK values community supporters and we are keen to support any efforts to help us raise vital funds for our cause. We can provide Coffee Morning packs, T-shits, leaflets and other promotional items to help support your initiatives.

Spread the word

The more you talk about your fundraising, the bigger the difference you will make! Please spread the word about the work of Safety Net and your fundraising plans.

Please, reach out to us so we can support you before starting your fundraising activities.

Use social media

Share your JustGiving page on social media to make it easy for your friends and family to sponsor you. Post photos, videos and information about your activities, and share with your followers and friends.

Don't forget to tag Safety Net, we would love to hear from you!

@safetynetnorth /safety_net_uk @safetynet_uk @safetynetuk

Thank you!

Thank you so much for choosing to fundraise for Safety Net.

Your donation will make a huge difference to the lives of those affected by rape, exploitation, sexual and domestic abuse across Cumbria.

We appreciate every donation, no matter the size. Thank you from everyone at Safety Net.

Contact us

01228 515859
fundraising@safetynetuk.org
www.safetynetuk.org
1 Fisher Street, Carlisle, CA3 8RR

@safetynetnorth /safety_net_uk @safetynet_uk @safetynetuk

All fundraising efforts on behalf of Safety Net **must follow the Fundraising Code**.
You can read the copy here:
https://www.fundraisingregulator.org.uk/code/code-2025